



## Certificate of Achievement

# Matthias Giger

has completed the following course:

**COACHING IN EDUCATION: ADDRESSING THE NEED FOR DEEP COMMUNICATION**  
NORWEGIAN UNIVERSITY OF SCIENCE AND TECHNOLOGY (NTNU)

The course gives an introduction to developing awareness, listening and questioning skills in goal oriented and work-related conversations. The course contains research-based information and activities that promote deep thinking and awareness of social and cognitive aspects of change.

4 weeks, 3 hours per week

*Inger Langseth*

Inger Langseth  
Professor  
Norwegian University of Science and Technology (NTNU)

*Hanna Sedal*

Hanna Sedal  
Professional Coach  
Solutions



Norwegian University of  
Science and Technology



The person named on this certificate has completed the activities in the attached transcript. For more information about Certificates of Achievement and the effort required to become eligible, visit [futurelearn.com/proof-of-learning/certificate-of-achievement](https://futurelearn.com/proof-of-learning/certificate-of-achievement).

This certificate represents proof of learning. It is not a formal qualification, degree, or part of a degree.



## Matthias Giger

has completed the following course:

### **COACHING IN EDUCATION: ADDRESSING THE NEED FOR DEEP COMMUNICATION NORWEGIAN UNIVERSITY OF SCIENCE AND TECHNOLOGY (NTNU)**

---

The course gives an introduction to developing awareness, listening and questioning skills in goal oriented and work- related conversations. The course contains research-based information and activities that promote deep thinking and awareness of social and cognitive aspects of change. The course is based on the principles outlined by the International Coach Federation and the GROW-model for coaching.

#### **STUDY REQUIREMENT**

4 weeks, 3 hours per week

#### **LEARNING OUTCOMES**

- Reflect on your own communication skills: listening, questioning and awareness.
- Explore how developing skills in communication can support you and others in achieving goals.
- Discuss how coaching can be implemented to foster change in Education and private lives.
- Describe issues that you have experienced in educational leadership, and that you would like to change.
- Apply the GROW-model in coaching to help people reach their goals.

#### **SYLLABUS**

- Week 1: Introduction to listening skills
- Week 2: Awareness of core principles in coaching
- Week 3: Introduction to questioning skills
- Week 4: Using the GROW-model