



Certificate of Achievement

Matthias Giger

has completed the following course:

**INTRODUCTION TO PSYCHOLOGY: THE PSYCHOLOGY OF PERSONALITY
MONASH UNIVERSITY**

This online course explored the complex factors and influences that help shape human personality and examine what makes every individual different, and the reasons why.

2 weeks, 6 hours per week



Matthew Mundy

Associate Professor and Director of Education for the School of
Psychological Sciences
Monash University



MONASH
University

The person named on this certificate has completed the activities in the attached transcript. For more information about Certificates of Achievement and the effort required to become eligible, visit futurelearn.com/proof-of-learning/certificate-of-achievement.

This learner has not verified their identity. The certificate and transcript do not imply the award of credit or the conferment of a qualification from Monash University.



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STUDY REQUIREMENT

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LEARNING OUTCOMES

- Explain why psychologists are better able to determine a person's personality than non-psychologists.
- Identify at least five defence mechanisms and provide examples of each.
- Apply the concept of self-efficacy in your own life and identify ways that self-efficacy can be changed.
- Identify five dimensions psychologists believe are important for measuring personality.
- Explain at least three psychometric properties of a personality test.
- Compare objective and projective personality tests.
- Explore how four different personality theories may explain a simple case study.

SYLLABUS

- Freud, the psychodynamic perspective, and Neo-Freudians
- Defining and assessing personality
- Humanistic and learning approaches
- Trait theories and biological influences
- Culture and gender